

Snack

September

2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 Labor Day holiday - Preschool closed	3 AM Raisins and graham crackers PM Cheez-its and pears	4 AM Apples and club crackers PM String cheese and wheat thins	5 AM Applesauce and ritz PM Chicken nuggets and peas & carrots	6 AM Cereal and milk PM Mandarin orange cups and gogurt		
9 AM Bananas and animal crackers PM Pita bread and broccoli with hummus	10 AM Waffles and raisins PM Tacquitos and salsa	11 AM vanilla yogurt and strawberries PM Chicken nuggets and goldfish crackers	12 AM Eggs and saltines PM Turkey and string cheese	13 AM Life cereal and milk PM Peppers and cheez- its		
16 AM Toast with strawberry jelly and banana PM Nature Valley bars and gogurt	17 AM English muffins with honey and applesauce PM Pretzels and mandarin oranges	18 AM Waffles and peaches PM Rice cakes and sunflower seed butter	19 AM Vanilla yogurt and blueberries PM Tortilla chips with salsa	20 AM Cottage cheese and pineapple chunks PM Bean and cheese burritos		
23 AM Bananas and graham crackers PM Chicken nuggets and strawberries	24 AM Nature Valley fruit and nut bar and gogurt PM Peppers, hummus and wheat thins	25 AM Fruit cocktail and pretzels PM Turkey and string cheese	26 AM eggs and saltines PM Veggie straws and watermelon	27 AM Life cereal and milk PM Cuties and club crackers		

